

A selection of fruit & milk available with meals.
Check school website uplifteducation.org for additional information and updates. All our products are whole grain, nut-free & pork free.

DECEMBER 2022

Primary Vegetarian

Breakfast: FREE
Lunch: Free & Reduced: Free
Paid: \$2.95
Menu Subject To Change

Monday

Tuesday

Wednesday

Thursday

Friday

Lunch:

5

Egg Rolls,
Steam Carrots
& Cole Slaw

Lunch:

6

Veggie Nuggets,
Wheat Roll
Carrot & Celery W/Ranch
& Flame Roasted Corn

Lunch:

7

Veggie Chipotle Burger
W/Seasoned Crinkle Fries
& Green Beans

Lunch:

8

Veggie Street Taco's
Lettuce/Tomato
& Pinto Beans

Lunch:

9

Supreme Pizza,
Broccoli
& Cucumber w/Ranch

Lunch:

12

Rotini Pasta
Wheat Roll,
Garden Salad &
Parmesan Roasted Broccoli

Lunch:

13

Veggie Tenders
W/Texas Toast,
Green Beans &
Roasted Red Potato

Lunch:

14

Manager's Choice
& Baked Beans

Lunch:

15

Manager's Choice
& Steamed Carrots

Lunch:

16

Manager's Choice
& Mixed Veggies



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